



**LINCOLN PUBLIC SCHOOLS**  
**BALLFIELD ROAD**  
**LINCOLN, MASSACHUSETTS 01773**  
**781-259-9408**

To: Lincoln School Parents in Grades 5-8  
From: Ryan Cassidy, Lincoln School District Athletic Director  
Re: Fall Athletics

I am writing to inform you about our Fall after-school athletic opportunities for your child(ren). The Lincoln School Athletic program offers a Boys & Girls Soccer Team (Grades 6-8), Boys & Girls Cross Country Team (Grades 5-8) and a Girls Field Hockey Team (Grades 6-8). The Fall season is from September 15<sup>th</sup> through October 31<sup>st</sup>. There are no Athletic games or practices during weekends. All practices and games are held after school Monday through Friday excluding most Wednesdays.

To signup for one of our fall athletic teams your child must come to the Brooks School Gymnasium during lunch on **Thursday, September 1<sup>st</sup>**. **Thursday, September 8<sup>th</sup>** is the first day of **“Tryouts”** for our Fall Athletic programs. Practices and tryouts will be held after school on Monday, Tuesday, Thursday & Friday from 2:50 - 4:30.

Kindly note that coming to tryouts and participating does **not** guarantee your child to a spot on the team he/she signs up for. Regrettably, team sizes are limited to the number of students that is safe to coach and supervise for a season.

For a fee of **\$175.00**, your child will be eligible to participate in an interscholastic sport. Please make checks or money orders payable to Town of Lincoln. All sports fees will be turned in to Mrs. Crosby in the Brooks office or to Mr. Cassidy in the Smith office. **Sports fees must be paid prior to the first game in a season. If you would like to be considered for financial assistance the forms are available online and in the parent handbook. The forms must be submitted to Buck Creel in the business office.**

Under Massachusetts’s regulations for Physical Examinations of school children, **No child may participate without the results of a physical exam on file in the school nurse’s office. A doctor’s note is not the same as a physical.** All students must have had a physical within 13 months prior to the start of a season to participate in the Lincoln School Athletic program.

**In order to tryout and participate in after-school sports, each student must have the following on file before tryouts begin.**

- 1. A signed Lincoln Public School Sports Registration.**
- 2. A signed Medical Authorization/Sports Related Medical History form**
- 3. The results of a physical exam.**
- 4. A signed concussion affidavit by both parent and student athlete.**